

CIHR CAFÉ SCIENTIFIQUE PRESENTS

Science on tap
Quench your interest

Freedom from arthritis pain – good as Olympic gold!

Tuesday, August 31, 2010, 5:30 p.m.
Queen Elizabeth Hotel, *Les Voyageurs* – Bar Lounge
900 René-Lévesque Blvd. W., Montréal
RSVP: cafescientifique@cihr-irsc.gc.ca

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This free event is presented by the Canadian Institutes of Health Research and its Institute of Musculoskeletal Health and Arthritis.

Presentations will be in French only.

Each year, approximately 100,000 people in Canada are diagnosed with arthritis. It can strike anyone at anytime – from elite athletes to couch potatoes. It causes pain and inflammation in the joints – the spine, hips, knees, feet and hands. The pain can be so bad that it turns every move into an Olympic feat. What causes the pain of arthritis? What research is being done to help alleviate arthritis pain? Can someone with arthritis still be physically active?

Join us for refreshments and a lively discussion on arthritis pain and physical activity with leading Canadian health researchers and former Olympic speed skater and osteoarthritis patient Nathalie Lambert.

Experts:

Mark A. Ware, MD, MRCP, MSc

Departments of Anesthesia
and Family Medicine
McGill University

Manon Chonière, PhD

Research Centre of the Centre hospitalier
de l'Université de Montréal (CRCHUM)
Full professor, Department of Anesthesiology
Faculty of Medicine, University of Montréal

Nathalie Lambert

Former Olympic speed skater
and osteoarthritis patient

Moderator:

Ariel Fenster, PhD

McGill Office for Science and Society

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